



# TMA TAE KWON DO

Address: 5017 Teasley Ln #121 Denton, TX 76210 TEL:(940) 382-8353

[www.tmadenton.com](http://www.tmadenton.com)

Effective as of **August 07, 2017** Class will be cancelled on a Special Event days and Holidays.

TMA Tae Kwon Do Additional Services:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00-6:00 PM	<b>TAE KWON DO</b> <b>After School</b> We Pick up directly from school Tae Kwon Do Class Supervised Homework Arts & Craft					2:00-3:30PM Birthday Parties

LITTLE TIGER	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(4 to 6 Years Old)	5:00-5:30	6:20-6:50		5:00-5:30		12:00-12:30

BEGINNER	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt	7:00-7:40	5:00-5:40	7:00-7:40	5:40-6:20		11:10-11:50

Yellow Belt	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:00-7:40		7:00-7:40		5:40-6:20	11:10-11:50
High Yellow Belt		7:00-7:40		7:00-7:40	5:40-6:20	11:10-11:50

INTERMEDIATE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Green Belt		7:00-7:40		7:00-7:40	5:00-5:40	
High Green Belt		7:00-7:40		7:00-7:40	5:00-5:40	

Blue Belt	6:20-7:00		5:40-6:20		6:20-7:00	
High Blue	6:20-7:00		5:40-6:20		6:20-7:00	

ADVANCED	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Red Belt	6:20-7:00		5:40-6:20		6:20-7:00	
High Red Belt		5:40-6:20		6:20-7:00		10:20-11:00
Deputy Belt I		5:40-6:20		6:20-7:00		10:20-11:00
Deputy II	5:40-6:20	5:40-6:20		6:20-7:00		10:20-11:00
Black Belt	5:40-6:20		5:00-5:40		7:00-7:40	10:20-11:00

FAMILY & ADULT	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt to High Yellow Belt	7:00-7:40		7:00-7:40			

Black Belt Club Member ONLY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weapon Training			6:20-6:50			
Demo Team						1:20-2:20PM